



## Some diverse thoughts on psychology and diversity

**K.R. Cohen Ph.D., CEO, CPA**

From pages 4-5

- i Bowman, M (2000). The diversity of diversity: Canadian-American differences and their implications for clinical training and APA accreditation. *Canadian Psychology*, 41, 230-243.
- ii <http://www.nih.gov/clearcommunication/culturalcompetency.htm>

Return to article

## Addressing Childhood Sexual Abuse and Family Violence

### Aborder la violence sexuelle à l'endroit des enfants et la violence familiale

**Kerry Mothersill, Ph.D., CPA President (2014-2015)**  
*Psychology Professional Practice Leader, Alberta Health Services*

From pages 8-9

## REFERENCES

1. Gould, F., Clarke, J., Heim, C., Harvey, P.D., Naier, M. & Nemeroff, C.B. (2012). The effects of child abuse and neglect on cognitive functioning in adulthood. *Journal of Psychiatric Research*, 46, 550-506.
2. Nikulina, V. & Widom, C.S. (2013). Child maltreatment and executive functioning in middle childhood: a prospective examination. *Neuropsychology*, 27, 417-427.
3. Kira, I., Lewandowski, L., Somers, C.L., Yoon, J.S., & Chiodo, L. (2012). The effects of trauma types, cumulative trauma, and PTSD on IQ in two highly traumatized adolescent groups. *Psychological Trauma: Theory, Research, Practice and Policy*, 4, 128-139.
4. Lawson, K.M., Back, S.E., Hartwell, K.J., Maria, M.M., & Brady, K.T. (2013). A comparison of trauma profiles among individuals with prescription opioid, nicotine, or cocaine dependence. *The American Journal on Addictions*, 22, 127-131.
5. Conroy, E., Degenhardt, L., Mattick, R.P., & Nelson, E.C. (2009). Child maltreatment as a risk factor for opioid dependence: comparison of family characteristics in type and severity of child maltreatment with a matched control group. *Child Abuse & Neglect*, 33, 343-352.
6. Breslau, N., Chilcoate, H.D., Kessler, R.C., & Davis, G.C. (1999). Previous exposure to trauma and PTSD effects of subsequent trauma: results from the Detroit area survey of trauma. *The American Journal of Psychiatry*, 156, 902-907.
7. Cloitre, M., Miranda, R., Stovall-McClough, K., & Chase, H.H. (2005). Beyond PTSD: emotional regulation and interpersonal problems as predictors of functional impairment in survivors of childhood abuse. *Behaviour Therapy*, 36, 119-124.
8. Kulkarni, M., Pole, N., & Timko, C. (2013). Childhood victimization, negative mood regulation, and adult PTSD severity. *Psychological Trauma, Theory, Research, Practice, and Policy*, 5, 359-365.
9. McLean, L.M., Toner, B., Jackson, J., Desrocher, M., & Stuckless, N. (2006). The relationship between childhood sexual abuse, complex Post Traumatic Stress Disorder and alexithymia in two out-patient samples examination of women treated in community and institutional clinics. *Journal of Child Sexual Abuse: Research, Treatment & Program Innovations for Victims, Survivors, & Offenders*, 15, 1-17.
10. Dorahy, M.J. & Clearwater, K. (2012). Shame and guilt in men exposed to childhood sexual abuse: a qualitative investigation. *Journal of Child Sexual Abuse: Research, Treatment & Program Innovations for Victims, Survivors, & Offenders*, 21, 155-175.
11. Saradjian, J. (2010). Understanding the prevalence of female-perpetrated sexual abuse and the impact of that abuse on victims. Gannon, T.A. & Cortoni, F. (Eds.), female sexual offenders, theory, assessment and treatment. New York, NY, US, John Wiley & Sons.
12. Spitzer, C., Chevalier, C., Gilner, M., Freyberger, H.J., Harald, J. & Barnow, S. (2006). Complex Post Traumatic Stress Disorder and child maltreatment in forensic in-patients. *Journal of Forensic Psychiatry & Psychology*, 17, 204-216.
13. Wolf, D.A., Francis, K.J., & Straatman, A. (2006). Child abuse in religiously-affiliated institutions: long-term impact on men's mental health. *Child Abuse & Neglect*, 30, 205-212.
14. Brown, J., Berenson, K., & Cohen, P. (2005). Documented and self-reported child abuse and adult pain in a community sample. *Clinical Journal of Pain*, 21, 374-377.
15. Bailey, B.E., Freedendfeld, R.N., Kiser, R.S., & Gatchel, R.J. (2003). Lifetime physical and sexual abuse in chronic pain patients; psychosocial correlates and treatment outcomes. *Disability and rehabilitation: an international, multidisciplinary journal*, 25, 331-342.
16. Gonzalez, A., Boyle, M.H., Kyu, H.H., Georgiades, K., Duncan, L., & MacMillan, H.L. (2012). Childhood and family influences on depression, chronic physical conditions, and their comorbidity: findings from the Ontario Health Study. *Journal of Psychiatric Research*, 46, 1476-1482.
17. Paras, M.L., Murad, M.H., Chen, L.L., Goranson, E.N., Sattler, A.L., Colbenson, K.M., Elamin, M.B., Seime, R.J., Prokop, L.J., & Zirikzadeh, A. (2009). Sexual abuse and lifetime diagnosis of somatic disorders; a systematic review and meta-analysis. *JAMA: Journal of the American Medical Association*, 302, 550-561.
18. Proenca, I.C.G.F., Castro, L.H.M., Jorge, C.L., & Marchetti, R.L. (2011). Emotional trauma and abuse of pa-



tients with psychogenic non-epileptic seizures. *Epilepsy & Behaviour*, 20, 331-333.

19. Staples, J., Rellini, A.H., & Roberts, S.P. (2012). Avoiding experiences: sexual dysfunction in women with a history of sexual abuse in childhood and adolescence. *Archives of Sexual Behaviour*, 41, 341-350.

20. Etain, B., Aas, M., Andreassen, O.A., Lorentzen, S., Dieset, I., Gard, S., Kahn, J., Bellivier, F., Leboyer, M., Melle, I., & Henry, C. (2013). Childhood trauma is associated with severe clinical characteristics of bipolar disorders. *Journal of Clinical Psychiatry*, 74, 991-998.

21. Kendler, K.S. & Aggen, S.H. (2014). Clarifying the causal relationship in women between childhood sexual abuse and lifetime major depression. *Psychological Medicine*, 46, 1213-1221

22. Cook, J.M., Pilver, C., Dinnen, S., Schnur, P.P., & Hoff, R. (2013). Prevalence of physical and sexual assault in mental health disorders in older women; findings from the nationally representative sample. *The American Journal of Geriatric Psychiatry*, 21, 877-886.

23. Felitti, V.J., Anda, R.F., Nordenberg, D., Williamson, D.F., Spitz, A.M., Edwards, V., Koss, M.P., & Marks, J.S. (1998). Relationship of childhood abuse and household dysfunction to many of the leading causes of death in adults: the Adverse Child Experiences (ACE) study. *American Journal of Preventative Medicine*, 14, 245-258.

24. Felitti, V.J. & Anda, R.F. (2009). The relationship of adverse childhood experiences to adult medical disease, psychiatric disorders, and sexual behaviour: implications for health care. Lanius, R. & Vermetten, E. (Eds.) *The Hidden Epidemic: the impact of early life trauma on health and disease*. Cambridge University Press.

25. MacMillan, H.L. & Wathen, C.N. (2005). Family violence research: lessons learned and where from here? *JAMA: Journal of the American Medical Association*, 2004, 618-620.

26. MacMillan, H.L., Wathen, C.N., Jamieson, E., Boyle, M.H., Shannon, H.S., Ford-Gilboe, M., Worster, A., Lent, B., Coben, J.H., Campbell, J.S., McNutt, L., & McMaster, L. (2009). Screening for intimate partner violence in health care settings: a randomized trial. *JAMA: Journal of the American Medical Association*, 302, 493-501.

27. Mannarino, A.B., Cohen, J.A., Deblinger, E., Runyon, M.K., & Steer, R.A. (2012). Trauma-focused cognitive-behavioural therapy for children: sustained impact of treatment 6 and 12 months later. *Child Maltreatment*, 17, 231-241.

28. Deblinger, E., Behl, L.E., & Glickman, A.R. (2012). Trauma-focused cognitive-behavioural therapy for children who have experienced sexual abuse. Kendall, P.C. (ED). *Child and Adolescent Therapy: cognitive behavioural procedures*, 4<sup>th</sup> Edition. New York, NY, US: Guilford Press.

[Return to article](#)

## Diversity

**Nathan J. Cooper, Psy.D., McMaster University**

From page 10

Beach, M.K., et. al. (2005). *Medical Care*. Cultural Competence: A Systematic Review of Health Care Provider Educational Interventions. 43(4): 356-373.

Kodjo, C., (2009). *Pediatric Review*. Cultural Competence In Clinician Communication. 30(2): 57-64.

Purnell, L. (2002). *Journal of Transcultural Nursing*. The Purnell Model for Cultural Competence. 13(2): 193-196.

[Return to article](#)

## A Biopsychosocial Approach to Diversity Competence

**Michael Mandrusiak, Psy.D., Director of Clinical Training, Adler School of Professional Psychology, Vancouver**  
**Vaneeta Sandhu, Psy.D., Core Faculty & Training Coordinator, Adler School of Professional Psychology, Vancouver**

From page 11

Zalaquett, C.P., Fuerth, K.M., Stein, C., Ivey, A.E., & Ivey, M.B.. (2008). [Reframing the DSM-IV from a multicultural/social justice perspective](#). *Journal of Counselling & Development*, 86, 364-371.

Heesacker, M. & Swan, L.K. (2014). Let a hundred flowers blossom: Say no to hegemonic applied psychology. *Training and Education in Professional Psychology*, 8(1), 38-42. doi: 10.1037/tep0000026

Health Service Psychology Education Collaborative. (2013). *Professional Psychology in Health Care Services: A Blueprint for Education and Training*. Washington, DC: American Psychological Association.

American Psychological Association. (2002). *Guidelines on Multicultural Education, Training, Research, Practice, and Organizational Change for Psychologists*. Washington DC: Author.

Raphael, D (2009). Restructuring society in the service of mental health promotion: Are we willing to address the social determinants of mental health? *International Journal of Mental Health Promotion*, 11(3), 18-31. doi: 10.1080/14623730.2009.9721789

Mikkonen, J., & Raphael, D. (2010). *Social Determinants of Health: The Canadian Facts*. Toronto: York University School of Health Policy and Management.

American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders* (5<sup>th</sup> ed.). Arlington, VA: American Psychiatric Publishing.

Jones, J.M., Sander, J.B., & Booker, K.W. (2013). *Multicultural competency building: Practical solutions for training*



and evaluating student progress. *Training and Education in Professional Psychology*, 7(1), 12–22. DOI: 10.1037/a0030880

- Sue, D.W., Arredondo, P., & McDavis, R.J. (1992). Multi-cultural counseling competencies and standards: a call to the profession. *Journal of Counseling and Development*, 70, 477-486.
- Goodman, L. A., Liang, B., Helms, J. E., Latta, R. E., Sparks, E., & Weintrab, S. R. (2004). Training counseling psychologists as social justice agents: Feminist and multicultural principles in action. *The Counseling Psychologist*, 32, 793-837. doi: 10.1177/0011000004268802
- Borrell-Carrió, F., Suchman, A.L., & Epstein, R.M. (2004). The biopsychosocial model 25 years later: Principles, practice, and scientific inquiry. *Annals of Family Medicine*, 2(6), 576-582.

[Return to article](#)

## Sexual Coercion on Campus: the Experiences of Ethno-Culturally Diverse Women

*Lana Stermac, PhD., Sarah Horowitz, M.A., Sheena Bance, M.A., M.Sc.*

From page 12

- Horsman, J. (1999). *Too scared to learn: Women, violence and education*. Toronto, ON:
- Tremblay, P.F., Harris, R., Berman, H., MacQuarrie, B., et al. (2008). Negative social experiences of university and college students. *The Canadian Journal of Higher Education*, 38, 57- 76.
- Ontario Women's Directorate (2103). *Developing a response to sexual violence: A resource guide for Ontario's colleges and universities*. Ministry of Training, Colleges and Universities.
- Stermac, L., Horowitz, S., & Bance, S. Sexually coercive behaviours on campus (2012). Presented at the *Canadian Psychological Association Annual Meeting*, Halifax, Nova Scotia.

[Return to article](#)

## Skills for Living: Supporting Adults on the Autism Spectrum

*Sébastien North, M.A., Pembina Trails School Division  
Brenda M. Stoesz, M.A., Dept. of Psychology, University of Manitoba  
Janine Montgomery, Ph.D., Dept. of Psychology, University of Manitoba & St. Amant Research Centre*

From page 13

1. Ontario, A. *Forgotten: Ontario Adults with Autism*. (2008).
2. Barnhill, G. P. Outcomes in Adults With Asperger Syndrome. *Focus Autism Other Dev. Disabl.* **22**, 116–126 (2007).
3. Jennes-Coussens, M., Magill-Evans, J. & Koning, C. The quality of life of young men with Asperger syndrome: a brief report. *Autism* **10**, 403–14 (2006).
4. Tantam, D. Psychological Disorder in Adolescents and Adults with Asperger Syndrome. *Autism* **4**, 47–62 (2000).
5. Montgomery, J. M., McCrimmon, A. W., Schwean, V. L. & Saklofske, D. H. Emotional Intelligence in Asperger Syndrome : Implications of Dissonance between Intellect and Affect. **45**, 566–582 (2010).
6. Montgomery, J. M., Stoesz, B. M. & McCrimmon, a. W. Emotional Intelligence, Theory of Mind, and Executive Functions as Predictors of Social Outcomes in Young Adults With Asperger Syndrome. *Focus Autism Other Dev. Disabl.* **28**, 4–13 (2012).
7. Bar-On, R. in *Meas. Emot. Intell. Common Gr. Controv.* (Nova Scotia Publishers, 2004).
8. Frisch, M. B., Cornell, J., Villanueva, M. & Retzlaff, P. J. Clinical validation of the Quality of Life Inventory. A measure of life satisfaction for use in treatment planning and outcome assessment. (1992).
9. McAlinden, N. M. & Oei, T. P. S. Validation of the Quality of Life Inventory for patients with anxiety and depression. *Compr. Psychiatry* **47**, 307–14

[Return to article](#)

## Cultural Considerations for the Psychological Wellbeing of Canadian Aboriginal Communities

*Kim McKay-McNabb, Ph.D.  
Paulette Hunter, Ph.D.*

From page 15

- Statistics Canada (2007). *Canadian Demographics at a Glance*. Catalogue number 91-003-XWE.
- Statistics Canada (2011). *Aboriginal Peoples in Canada: First Nations People, Metis and Inuit, National Household Survey*. Catalogue number 99-011-X2011001.
- Statistics Canada (2011). *Population Projections by Aboriginal Identity in Canada, 2006 to 2031*. Catalogue number 91-552-X.
- Bates, P., Chiba, M, Kube, S., & Nakashima, D. (2009). *Learning & Knowing in Indigenous Societies Today*. UNESCO.
- Saskatchewan Ministry of Education (2011). *Saskatchewan Curriculum: Science 1*. Regina, SK: Author.
- Aboriginal Education Enhancements Branch, British Columbia Ministry of Education. (2006). *Shared Learnings: Integrating BC Aboriginal Content K-10*. Victoria, BC: Author.





- Crawford, K. (2013, December). Respecting, honouring First Nations education. *Anishinabek News*. Retrieved from <http://anishinabeknews.ca/2013/12/04/respecting-honouring-first-nations-education/>.
- Keil, L. (2010, April 1). *Incorporating Cree beliefs in two urban schools* [Web log post]. Retrieved from <http://cree-beyondwords.com/?p=10>.
- MacCharles, T. (2013, September). Nunavut's Battle to preserve Inuit languages. *Toronto Star*. Retrieved from [http://www.thestar.com/news/canada/2013/09/02/nunavuts\\_battle\\_to\\_preserve\\_inuit\\_languages.html](http://www.thestar.com/news/canada/2013/09/02/nunavuts_battle_to_preserve_inuit_languages.html).
- Barrett, M.J. & Wuetherick, B. (2012). Intuition and animism as bridging concepts to Indigenous knowledges in environmental decision-making. *Transformative Dialogues*, 6(1).
- Barrett, M.J. (2012). Decentering norms: Teaching multiple ways of knowing in environmental decision-making. *Collected Essays on Learning and Teaching*, 5, 103-108.
- Rucklos Hampton, M., McKay-McNabb, K., Farrell Racette, S. & Byrd, N.J. (2007). Aboriginal Elders as Healers: Saskatchewan Elders speak About Sexual Health. In J. Pappas, W.E. Smythe & A. Baydala (Eds.). *Culture, Healing & Belief Systems*. Calgary, AB: Detselig Enterprises Ltd.
- Kirkmayer, L., Tait, C. & Simpson, C. (2009). The mental health of Aboriginal Peoples in Canada: Transformations of identity and community. In Kirkmayer, L.J. & Valaskakis, G.G. (Eds.). *Healing Traditions: The Mental health of Aboriginal Peoples in Canada* (pp. 3-35). Vancouver, BC: UBC Press.
- Ermine, W. (1995) Aboriginal epistemology. In M. Battiste & J. Barman (Eds.). *First Nations Education in Canada: The Circle Unfolds*. (pp. 101-112) Vancouver, BC. University of British Columbia Press.
- Poonwassie, A. & Charter, A. (2005). Aboriginal Worldviews of Healing: Inclusion, Blending and Bridging. In R. Moodley & W. West (Eds.). *Integrating Traditional Healing Practices Into Counseling and Psychotherapy* (pp. 15-25). Thousand Oaks, CA: Sage Publications.
- Daschuk, J. (2013). *Clearing the Plains: Disease, Politics of Starvation, and the Loss of Aboriginal Life*. Regina, SK: University of Regina Press.
- Gagné, M. A. (1998). The role of dependency and colonialism in generating trauma in First Nations citizens. In *International Handbook of Multigenerational Legacies of Trauma* (pp. 355-372). Springer.
- The Truth & Reconciliation Commission of Canada (2012). *Canada, Aboriginal Peoples, and Residential Schools: They Came for the Children*. Winnipeg, MB: Author.
- McKay-McNabb, K., Kayseas, B., & Bourassa, C. (2010). *Culture Heals: Final report submitted to Health Canada*. South Office, Fort Qu'Appelle, SK.
- McLaughlin, K. A., Breslau, J., Green, J. G., Lakoma, M. D., Sampson, N. A., Zaslavsky, A. M., & Kessler, R. C. (2011). Childhood socio-economic status and the onset, persistence, and severity of DSM-IV mental disorders in a US national sample. *Social Science & Medicine*, 73(7), 1088-1096.
- Maisel, N. C., & Karney, B. R. (2012). Socioeconomic status moderates associations among stressful events, mental health, and relationship satisfaction. *Journal of Family Psychology*, 26(4), 654.
- Watkins, M., & Shulman, H. (2008). *Toward psychologies of liberation: Critical theory and practice in psychology and the human sciences*. New York: Palgrave Macmillan.
- Katz, R., Biesele, M., & Denis, V. S. (1997). *Healing makes our hearts happy: Spirituality and cultural transformation among the Kalahari Jul'hoansi*. Rochester, VT: Inner Traditions International.
- Anderson, K. (2011). *Life Stages and Native Women: Memory, Teachings, and Story Medicine*. Winnipeg, MB: University of Manitoba Press.
- Aikenhead, G., & Michell, H. (2011). *Bridging Cultures: Indigenous and Scientific Ways of Knowing Nature*. Don Mills, ON: Pearson Education.
- Battiste, M. (2002). *Indigenous Knowledge and Pedagogy in First Nations Education*. Indian and Northern Affairs Canada.
- McCormick, R. (2009). Aboriginal Approaches to Counselling. In Kirkmayer, L.J. & Valaskakis, G.G. (Eds.). *Healing Traditions: The Mental health of Aboriginal Peoples in Canada* (pp. 337-354). UBC Press. Vancouver, B.C.
- Hampton, M., Baydala, A., Drost, C. & McKay-McNabb, K. (2009). Bridging conventional western health care practices with traditional Aboriginal approaches to end of life care: A dialogue between Aboriginal families and health care professionals. *Canadian Journal of Nursing Informatics*, 4 (1), pg. 22-66.
- Sue, D. W., Arredondo, P., & McDavis, R. J. (1992). Multi-cultural counseling competencies and standards: A call to the profession. *Journal of Counseling & Development*, 70(4), 477-486.

[Return to article](#)

### Opportunities and Challenges of Studying Romantic Relationships of Adolescents with Intellectual Disabilities

*Marina Heifetz, M.A., PhD Candidate  
York University*

From page 16

- <sup>1</sup>Connolly, J., Craig, W., Goldberg, A., & Pepler, D. (1999). Conceptions of cross-sex friendships and romantic relationships in early adolescence. *Journal of Youth and Adolescence*, 28 481 – 494.
- <sup>2</sup>Griffiths D. 2007. Sexuality and people who have intellectual disabilities. In: Brown I, Percy M. A comprehensive guide to intellectual and developmental disabilities. Baltimore: Paul Brookes. p. 573-584.
- <sup>3</sup>Cheng, M.M., & Udry, J.R. (2003). How much do mentally

# REFERENCE LIST

- disabled adolescents know about sex and birth control? *Adolescent & Family Health*, 3, 28-38.
- <sup>4</sup>Taradash, A., Connolly, J., Pepler, D., Craig, W., & Costa, M. (2001). The interpersonal context of romantic autonomy in adolescence. *Journal of Adolescence*, 24, 365-377.
- <sup>5</sup>Walker-Hirsch, L. (2007). Sexuality education and intellectual disability across the lifespan. In L. Walker-Hirsch (Ed.), *The facts of life...and more: Sexuality and intimacy for people with intellectual disabilities*. Maryland: Paul H. Brookes Publishing Co.
- <sup>6</sup>Evans, D.S. (2002). *The development of personal relationship and sexuality guidelines for people with learning disabilities: Report prepared on behalf of Galway Association*. Ireland: Western Health Board.
- <sup>7</sup>Holmbeck, G.N., Johnson, S.Z., Wills, K.E., McKernon, W., Rose, B., Erklin, S., & Kemper, T. (2002). Observed and perceived parental overprotection in relation to psychosocial adjustment in preadolescents with a physical disability: The mediational role of behavioral autonomy. *Journal of Consulting and Clinical Psychology*, 70, 96-110.
- <sup>8</sup>Clark, E., Olympia, D., Jensen, J., Heathfield, L. T., & Jensen, W. R. (2004). Striving for autonomy in a contingency-governed world: Another challenge for individuals with developmental disabilities. *Psychology in the Schools*, 41, 143-153.
- <sup>9</sup>Turnbull, H., Buchele-Ash, A., & Mitchell, L. (1994). *Abuse and neglect of children with disabilities: A policy analysis*. Lawrence, Kansas: Beach Center on Families and Disability, University of Kansas.
- <sup>10</sup>Begg, S., Vos, T., Barker, B., Stevenson, C., Stanley, L., & Lopez, A.D. (2007). *The burden of disease and injury in Australia 2003*. Canberra, ACT: Australian Institute of Health and Welfare.
- <sup>11</sup>Polder, J.J., Meerding, W.J., Bonneux, L., & van der Maas, P.J. (2002). Healthcare costs of intellectual disability in the Netherlands: A cost-of-illness perspective. *Journal of Intellectual Disability Research*, 46, 168-178.
- <sup>12</sup>Ward, K. M., Atkinson, J. P., Smith, C. A., & Windsor, R. (2013). A friendships and dating program for adults with intellectual and developmental disabilities: A formative evaluation. *Intellectual and Developmental Disabilities*, 51, 22-32.
- <sup>13</sup>Einfeld, S. L., Ellis, L. A., & Emerson, E. (2011). Comorbidity of intellectual disability and mental disorder in children and adolescents: A systematic review. *Journal of Intellectual & Developmental Disability*, 36, 137-143.

## Transdiagnostic Approaches in Rural Clinical Practice

**Alexandra S. Kruse, H.B.Sc.**

*Department of Psychology, Lakehead University*

**Gregory K. Tippin, M.A.**

*Department of Psychology, Lakehead University*

**Christopher J. Mushquash, Ph.D. (Supervised Practice)**

*Department of Psychology, Lakehead University, and Northern Ontario School of Medicine*

From page 17

- <sup>1</sup> Barbopoulos, A., & Clark, J. M. (2003). Practising Psychology in Rural Settings: Issues and Guidelines. *Canadian Psychology*, 44, 410.
- <sup>2</sup> Barlow, D. H., Allen, L. B., & Choate, M. L. (2004). Toward a unified treatment for emotional disorders. *Behavior Therapy*, 35, 205-230. doi: 10.1016/S0005-7894(04)80036-4
- <sup>3</sup> Clark, D. A., & Taylor, S. (2009). The transdiagnostic perspective on cognitive-behavioral therapy for anxiety and depression: New wine for old wineskins? *Journal of Cognitive Psychotherapy: An International Quarterly*, 23, 60-66. doi: 10.1891/0889-8391.23.1.60
- <sup>4</sup> Cotton, M. E., Nadeau, L., & Kirmayer, L. J. (2014). *Consultation to Remote and Indigenous Communities*. In Cultural Consultation (pp. 223-244). Springer, New York.
- <sup>5</sup> Wilamowska, Z. A., Thompson-Hollands, J., Fairholme, C. P., Ellard, K. K., Farchione, T. J., & Barlow, D. H. (2010). Conceptual background, development, and preliminary data from the unified protocol for transdiagnostic treatment of emotional disorders. *Depression and Anxiety*, 27, 882-890. doi: 10.1002/da.20735

[Return to article](#)